



December 2025

CARTER COUNTY 4-H

4-H Monthly Newsletter to keep you informed



December

To get updates throughout the year and reminders of events



Install the TeamReach App

Enter code: CarterCounty4H

This will also allow you to message with Rebecca, view the program calendar
and view pictures!

CLUB AND PROJECTS

Email rebecca.hayes@uky.edu

All meetings are held at the Carter County Extension Office unless otherwise stated.

Cloverbuds:

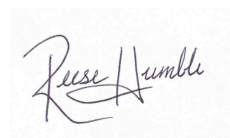
The next meeting will be December 8th at 4:30pm in the 4-H Classroom at the Extension Office.

STEM Club:

(Previously known as homeschool club.) The next meeting will be December 10th at 9:30am in the 4-H Classroom at the Extension Office. Holiday fun with crafts, experiments, snacks, and more!



Rebecca Hayes Brown
Rebecca Brown
4-H Youth
Development Agent



Reese Humble
4-H Program Assistant

IMPORTANT DATES

School Clubs:

Heritage Cooking: January 5
Tygart Creek STEM: January 9
Carter City Cooking: January 21
CCA STEM: January 27

School Enrichment:

Heritage 4th: January 5
Tygart Creek 4th & 5th: January 9
Star 4th & 5th: January 16
Olive Hill 4th & 5th: January 23
Carter City 4th & 5th: January 26
CCA 3rd - 12th: January 27

When schools
are closed due
to weather or
sickness, all 4-H
programs are
cancelled

  @CarterCountyKY4H

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.

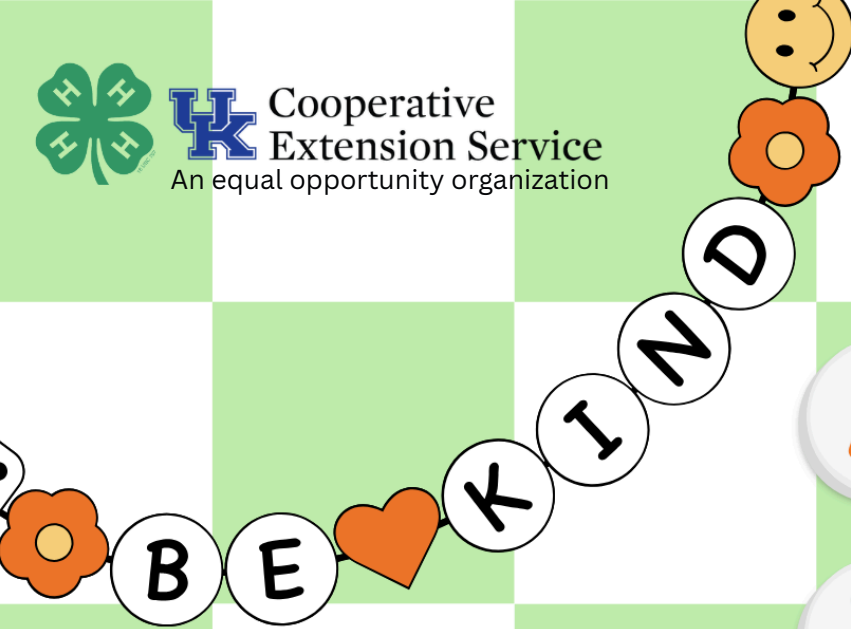
December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Barn Quilt Fundraiser	3	4	5 Olive Hill	6
7	8 Cloverbuds	9	10 STEM Club	11	12	13
14	15	16	17 Prichard 4 th grade	18 Prichard 4 th grade	19	20
21	22	23	24	25	26	27
			Office Closed			
28	29	30	31			
Office Closed						





**UK Cooperative
Extension Service**
An equal opportunity organization



4 - H

A R E A

T E E N

R E T R E A T

**January
29-30**

Middle &
High
Schoolers

Boyd
County
Fairgrounds

\$40



For more
information, call
606-474-6686 or email
rebecca.hayes@uky.edu

CARTER COUNTY 4-H CLOVERBUD CLUB

Upcycled Piggy Banks

DECEMBER 8 | 4:30PM | 4-H CLASSROOM

Youth 5-8 years of age, accompanied by guardian

94 FAIRGROUND DR, GRAYSON (1ST BUILDING)



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Carter County 4-H

STEM Club

9:30am - 10:30 am


Holiday fun!

December 10

Registration open
December 1, 2025 -
May 1, 2026. Limited
spots available.

 Cooperative
Extension Service

4-H SUMMER CAMP



Where dreams come true
May 26 - May 29, 2026

Bath, Boyd, Carter, and Greenup Counties
at North Central 4-H Camp

\$150

\$50 nonrefundable deposit due at time of registration.
Additional scholarships available (while they last).
Payment plans available

Register at 94 Fairground Dr, Grayson, KY 41143

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Carter City 4-H

Cooking Club

Right after school until 4:00pm

October 8

November 18

January 21

February 10

March 4

April 8

FOR 4TH AND
5TH GRADERS



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TYGART CREEK 4-H

STEM CLUB

SCIENCE. TECHNOLOGY. ENGINEERING. MATHEMATICS

For 4th and 5th graders

From 3:15pm-4:15pm

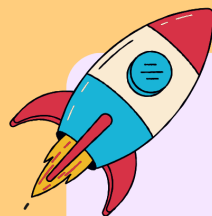
November 7

January 9

February 6

March 6

April 10



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CCA 4-H

LEAD THROUGH STEM CLUB

FOR GRADES 6-12

RIGHT AFTER SCHOOL!

SEPTEMBER 30

OCTOBER 30

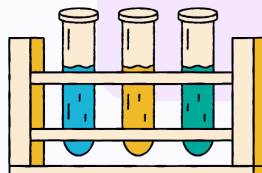
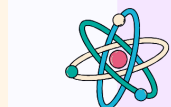
NOVEMBER 19

JANUARY 27

FEBRUARY 19

MARCH 26

APRIL 21



GROWING
KENTUCKY 4-H

To participate in these clubs, you must attend the school they are at, be in the appropriate grade, turn in the enrollment form, and send a note to school to stay after.



Cooperative
Extension Service

Venison Stew

Servings: 6 Serving Size: 2 cups



Ingredients:

- ½ teaspoon black pepper
- 1 teaspoon salt
- ½ teaspoon garlic powder
- 2 tablespoons flour
- 1 pound venison, cubed
- 1 tablespoon oil
- 3 cups water
- 1 onion, chopped
- 4 potatoes, cubed
- 3 carrots, sliced
- 3 stalks celery, chopped
- 2 bay leaves
- 1 tablespoon dried parsley

Directions:

Combine pepper, salt, garlic powder, and flour in a plastic bag or large bowl. Add cubed venison and shake bag or toss to coat meat. Brown meat in hot oil, in a large, heavy saucepan. Stir in water. Add remaining ingredients and cook on high until it begins to boil. Reduce heat and simmer for approximately 1 hour. To thicken, in a small mixing bowl, stir ½ cup warm water into 2 tablespoons of flour. Add mixture into stew. Stir until thickened and bubbly. Cook an additional 30 minutes or until vegetables and meat are tender.

Source: Adapted from Venison Recipe Collection, Compiled by Becky Nash, Extension Agent for Family and Consumer Sciences

Tips

Alternative to stove-top cooking: use slow cooker set on low for 8 hours.

Nutrition facts per serving: 270 calories; 4.5g total fat; 1g saturated fat; 0g trans fat; 65mg cholesterol; 490mg sodium; 36g carbohydrate; 5g fiber; 5g sugars; 22g protein; 0% Daily Value of Vitamin D; 6% Daily Value of Calcium
20% Daily Value of Iron; 25% Daily value of Potassium